



SHL/SEC/2023

07.12.2023

The Bombay Stock Exchange Ltd  
Listing Department, 1<sup>st</sup> floor, New Trading Ring,  
Rotunda Building, Phiroze JeeJeeBhoy Towers,  
Dalal Street, Mumbai-400001

The Calcutta Stock Exchange Ltd.  
7, Lyons Range  
Kolkata - 700 001 India

**Scrip Code: 537253 at BSE**

Dear Sir/Ma'am,

**Sub: Newspaper Publication – 1<sup>st</sup> Postal Ballot Notice of FY 2023-24**

Pursuant to Regulation 47 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, as amended, please find enclosed herewith the copies of the newspaper advertisements published both in English and Hindi version on **December 07, 2023** in the Pioneer newspaper regarding Postal Ballot Notice interalia about the completion of dispatch of Postal Ballot Notice and e-voting information on 06.12.2023.

Electronic newspaper clippings both in Hindi and English are enclosed.

This is for your information and record please.

Thanking you,  
Yours sincerely,  
**For SUNIL HEALTHCARE LIMITED**

**SATYENDU PATTNAIK**  
**COMPANY SECRETARY & COMPLIANCE OFFICER**

F7736

Date: 07.12.2023

Place: New Delhi

Encl: Newspaper clipping.dt. 07.12.2023

**Sunil Healthcare Ltd.**

38E/252-A, Vijay Tower, Opp Panchsheel Park Comm. Complex, New Delhi -110049

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CIN No. : L24302DL1973PLC189662

# 'No proposal to raise OBC quota as per population in local body polls'

## Centre informs Rajya Sabha

**PIONEER NEWS SERVICE ■ NEW DELHI**

The Centre informed the Rajya Sabha on Wednesday that there was no proposal to increase reservation for Other Backward Castes (OBC) as per population in the local body elections.

Union Minister of State for Panchayati Raj Kapil Moreshwar Patil, during the Question Hour in Rajya Sabha, said OBCs are provided one-third reservation under Article 243D of the Constitution. "However, 21 state governments have increased the reservation up to 50 per cent. The member has sought increasing the reser-

vation for OBCs as per the population in the local body elections. There is no such proposal before us," he said.

In local bodies, there is a 50 per cent reservation for women. Under this quota, there is a provision to accommodate OBCs, Scheduled Castes and Scheduled Tribes, Patil added. However, the state governments have the right to provide reservations for OBCs. "On this subject, the states should take a call at their level," the union minister said while replying to another supplementary question.

He said local body elections could not be held in Maharashtra due to the OBC



quota issue. The Supreme Court has said that the reservation cannot be increased beyond 50 per cent without empirical data. About women's reservation in local bodies, Patil said the Centre has made several efforts to empower elected women panchayat leaders, including providing them six months of training. There has been a rise in the participation of women in the governance process, he said.

The minister was responding to queries raised by YSRCP MP Ryaga Krishnaiyya, the DMK's

P. Wilson and NCP leader Vandana Chavan. Responding to another question, Tribal Affairs Minister Arjun Munda said the Pradhan Mantri Janjati Adivasi Nyaya Maha Abhiyan (PM-JANMAN) with a budget outlay of Rs 24,000 crore was being implemented from this year to undertake tribal welfare initiatives. "It is one of the largest Central schemes targeting the tribal community's development and aims to uplift the particularly vulnerable tribal groups (PVTG)," he said.

In the previous five-year plans, PVTG groups with less than 500 members were not covered which led to backwardness of many tribal communities. However the PM-JANMAN scheme targets to empower PVTG groups with 100 members, he said.

# Modi to launch global investors summit in Dehradun

**PIONEER NEWS SERVICE ■ NEW DELHI**

Prime Minister Narendra Modi will inaugurate the 'Uttarakhand Global Investors Summit 2023' in Dehradun on December 8 as the hill state looks to boost investment in the coming years, his office said in a statement on Wednesday.

Modi will also address the gathering on the occasion, the Prime Minister's Office (PMO) said in its statement. The 'Uttarakhand Global Investors Summit 2023' is a step towards establishing Uttarakhand as a new investment destination and the theme of the two-day event is 'Peace to Prosperity'. The summit will be attended by thousands of investors and



delegates from across the world. It will witness participation of Union ministers and ambassadors of various countries along with leading industrialists, among others, the statement said.

# Karnataka facing draught, has sought ₹18,000 crore relief from Centre: Kharge

**PIONEER NEWS SERVICE ■ NEW DELHI**

Karnataka is reeling under the impact of severe drought and the state government has sought Rs 18,171 crores as relief from the National Disaster Response Fund (NDRF), Leader of Opposition in the Rajya Sabha Mallikarjun Kharge said on Wednesday.

Raising the matter in the Upper House during the Zero Hour, the Congress president said Karnataka is grappling with the most severe drought in 123 years and the damage to crops is estimated at over Rs 35,162 crore. According to him, the damage to crops ranges from 40-90 per cent. Kharge said the state govern-

ment has sought Rs 18,171 crore from the NDRF to help the affected people. "This financial support is crucial for providing input subsidies, gratuitous relief and implementing other immediate growth measures due to low rainfall (in Karnataka)," the senior Congress leader said.

He further highlighted that water levels in various reservoirs have reached an alarmingly low mark and there may also be a shortage of drinking water in the coming days. Kharge also spoke about the flood situations in certain parts of Tamil Nadu, including Chennai. He also accused the BJP of not paying heed to the problems being faced by people as they have "won elections".

# Has Stalin also asked DMK leaders to apologise for insulting Sanatan Dharma: BJP

**PIONEER NEWS SERVICE ■ NEW DELHI**

The BJP on Wednesday asked if DMK chief M K Stalin has asked party leaders, who had spoken against Sanatan Dharma, to also apologise after MP DNV Senthilkumar expressed regret in Lok Sabha for referring to Hindi heartland states in a derogatory manner in the House.

Addressing a press conference at BJP headquarters, Union Minister Rajeev Chandrasekhar also slammed the "silence" of Congress leaders Rahul Gandhi and Priyanka Gandhi Vadra on the "repeated objectionable remarks about Sanatan".

"I heard Mr TR Baalu say today that Chief Minister Stalin has told MP Senthilkumar to not make such statements. But there is

a question that has to be asked to Mr Baalu and (M K) Stalin. "What about Udayanidhi Stalin's statement? Has he (M K Stalin) advised Udayanidhi Stalin to apologise? What about A Raja? Has he (DMK chief) advised A Raja to apologise?" the BJP leader said.

"Why can't Stalin apologise?" he said. He alleged that the opposition



INDIA bloc parties have started a "new chapter of divisive politics" with north-south divide remarks as their efforts to drive a wedge on religious lines for votes did not work in the just-concluded assembly polls.

The BJP will "firmly oppose" such politics played by the Congress and other members of the "INDI Alliance", Chandrasekhar said.

"People of the country will

also totally oppose such politics and expose them," he said at a press conference at the BJP headquarters.

Senthilkumar had on Tuesday used a pejorative to describe Hindi heartland states while attacking the ruling BJP. The comments led to a ruckus and adjournment in the House and were expunged by Speaker Om Birla. BJP leaders had decried his remarks as "hate speech" and

said the voters will "wipe out" the INDIA bloc from southern India as well in the next elections. Facing flak, the DMK MP had later apologised. "Commenting on the results of the five recent state assembly elections, I have used a word in an inappropriate way. Not using that term with any intent, I apologise for sending the wrong meaning across," Senthilkumar said in a post on X.

**Public Notice: Loss of Identity Card:**

**Public Notice**

This is to bring to the notice of general public that an ID card of Shri. Vijender Raj Yadav issued by ICICI Bank Limited, ID card No. 2338022 found missing and/or lost on 04-08-2023. Anyone who finds the said ID card is requested to return the said ID card to the Manager Loan Services & Management Group, ICICI Bank Limited.

Therefore, all customers of ICICI Bank Limited are hereby informed not to make any payment to any unauthorized person holding the said ID card number 2338022.

Please further note that any person making payment to any person holding the said ID Card shall do so at his own cost, risk and exposure and ICICI Bank shall not be bound and/or responsible for any payment.

Date: 07/12/2023  
Place: S. D. Tower Rohini Sector- 8  
Delhi 110085

For  
ICICI Bank Limited

**PUBLIC NOTICE**

The general Public is hereby informed that my client Mr. Vinod Kumar Goyal & his wife Mrs. Ranu Devi Goyal both RW WZ 69, Phase-1, One Vihar, Ullah Nagar, Delh-110059 has dissolved/re-inquired all ties with their son Sh. Deepak Goyal & his wife Mrs. Uma Goyal from all their properties, both movable & immovable, due to personal reasons / differences and irregular behavior and has no relation with him and his wife with immediate effect.

In case any one deals with him or his wife, they shall do so at their own risk and my clients shall not be made liable for or responsible for any such dealings, costs or misdeeds of Mr. Deepak Goyal & Mrs. Uma Goyal with or against any person in any manner.

Vishva Wadhwa  
Advocate-D1643/2007  
Wadhwa and Company  
2,197, FF, Loha Mandi, Neraina

# Girls who start menstruating as they turn 13 years at risk of developing type 2 diabetes in midlife: Research



**PIONEER NEWS SERVICE ■ NEW DELHI**

A US research published in the British Medical Journal (BMJ) Nutrition Prevention & Health has found that girls turning 13 years old who start to menstruate risk developing type 2 diabetes in mid-life.

Researchers from Tulane University and Brigham and Women's Hospital in the US also found that having periods early in life, especially before 10 years of age, is also associated with an increased risk of getting a stroke before the age of 65 in those having diabetes, researchers found after analysing data of more than 17,000 women aged between 20 and 65.

However, they said that being an observational study, they couldn't establish the causes behind these associations. "Earlier age at [first menstru-

al cycle] may be one of early life indicators of the cardiometabolic disease trajectory in women," they suggested in their study.

The women included in the study came from the nationally representative cross-sectional National Health and Nutrition Examination Survey 1999-2018. The women had specified the age at which they had had their first menstrual cycle.

Of the women studied, about 10 per cent, or 1773, reported a diagnosis of type 2 diabetes. Further, 11.5 per cent of these, or 203, reported some type of cardiovascular disease, the researchers found.

They quantified the increased risk of type 2 diabetes due to beginning to menstruate early in life as 32 per cent (periods at age 10 or before) through 14 per cent (age 11) to 29 per cent (age 12).

They also found that menstru-

ating before turning 10 was linked with a more than doubling in stroke risk among women below the age of 65 with diabetes. Specifically, they calculated the risk to be 81 per cent among those having their first period at the age of 11, 32 per cent at 12, and 15 per cent at 14.

"One potential pathway explanation may be that [such] women are exposed to oestrogen for longer periods of time, and early [menstruation] has been associated with higher oestrogen levels," the researchers explained.

They also said weight could be another important factor influencing the results, as when they adjusted the data for weight, the observed associations between age at first menstrual cycle and stroke complications weakened slightly, albeit remaining significant.

The researchers said that these

findings supported the possibility that age of getting the first period may be incorporated into early-life strategies for preventing diabetes and progression of diabetes complications.

"These findings add another dimension to the potentially less well understood determinants of cardiometabolic risk, particularly in women who have been relatively underrepresented in this area of research," said Sumatra Ray, Executive Director of the NNEdPro Global Centre for Nutrition & Health, which co-owns BMJ Nutrition Prevention & Health.

"And they provide a clear steer on the need to design interventional studies looking at the prevention of cardiometabolic disease in ethnically diverse groups of women who start menstruating at a young age," he said.

**SUNIL HEALTHCARE LIMITED**

Regd. Office: 38E/252-A, Vijay Tower, Shahpurja, New Delhi-110049  
CIN: L24302DL1973PLC189662/Email ID: info@sunilhealthcare.com/  
Web: www.sunilhealthcare.com  
Tel: +91-11-49435555/00, Fax: +91-11-43850087

**NOTICE OF POSTAL BALLOT**

Members of the Company are hereby informed that pursuant to Section 110 and other applicable provisions, if any, of the Companies Act, 2013 read with Rules made thereunder, the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 and Secretarial Standards on General Meeting issued by the Institute of Company Secretaries of India including any statutory modification or re-enactment thereof for the time being in force read with applicable Circulars issued by the Ministry of Corporate Affairs ("MCA") and by the Securities and Exchange Board of India ("SEBI Circulars") and other applicable laws, rules and regulations, if any, the Company is seeking approval of its Members for the Special Resolutions by passing Special Resolution(s) as set out in the Notice of the Postal Ballot dated December 05, 2023 ("Notice") and accordingly has completed dispatch of said Notice through electronic mode on December 06, 2023 to the members of the Company, whose name appears in the Register of Members/List of Beneficial Owners as received from NSDL and CDSL as on Friday, December 01, 2023 and who has registered their email with our RTA/Company, for the approval of members by way of Special Resolution(s) through Postal Ballot only through remote e-voting. A person, who is not a Member as on Friday, December 01, 2023 should treat postal ballot notice for information purpose only.

The Company is providing remote e-Voting facility to all its members to cast their votes electronically. For this purpose, the Company has engaged the services of M/s. Link Intime India Private Ltd., (LIPL) as the agency to provide e-Voting facility. The Postal Ballot Notice is also available at website of the Company at <https://www.sunilhealthcare.com/postal-ballot> on the website of Link Intime India Private Ltd., the Company's Agency for conducting Remote E-Voting at <https://instavote.linkintime.co.in>, and on the websites of BSE Limited ([www.bseindia.com](http://www.bseindia.com)).

The Members holding shares in dematerialized mode are requested to update their KYC details including email address with the relevant Depository Participants. Members holding share in Physical mode are requested to update/register their KYC details including email address by submitting duly filled and signed form ISR-1, by providing Folio No., Name of shareholder, scanned copy of the share certificate (front and back), PAN (self-attested scanned copy), AADHAR (self-attested scanned copy) at [cs@sunilhealthcare.com](mailto:cs@sunilhealthcare.com) / [info@sunilhealthcare.com](mailto:info@sunilhealthcare.com) or to M/s Alankit Assignment Limited at "4E/2, Alankit House, Jhandewalan Extension, New Delhi 110055", Contact no. 91-11-4254 1234 email id: [rtat@alankit.com](mailto:rtat@alankit.com), [jalitape@alankit.com](mailto:jalitape@alankit.com). The members may note that:

- The remote e-voting period shall commence on Friday, December 08, 2023 from 09:00 A.M. (IST) onwards and shall end on Saturday, January 06, 2024 at 5:00 P.M. (IST) (both days inclusive). During this period, Members of the Company holding equity shares either in physical or dematerialized form as on the Cut-off date, i.e. Friday, December 01, 2023 (including those Members who may not have received this Notice due to non-registration of their e-mail address with the Company or the Depositories / Depository Participants or RTA), may cast their vote electronically, in respect of the resolutions as set out in this Notice only through remote e-voting. The remote e-voting module shall be disabled by LIPL thereafter. Once the vote on resolution(s) is cast by a Member, no changes shall be allowed subsequently.
- The Board of Directors of the Company has appointed Mr. Tara Chand Sharma, Proprietor of Jain Sharma & Associates, Company Secretaries (ICSI Membership No.: F-5749, C.P. No. 4078), Company Secretary in Practice as Scrutinizer for conducting the Postal Ballot through remote e-voting process in a fair and transparent manner.
- The results of the Postal Ballot will be announced by the Chairman or any other person authorized by the Chairman in writing for this purpose on or before Tuesday, January 09, 2024 at the Registered Office of Company. The said result along with Scrutinizer's report would also be displayed at the Registered and Corporate Office of the Company. Additionally, the Results will also be uploaded on the Company's website of the Company [www.sunilhealthcare.com](http://www.sunilhealthcare.com) as well as on LIPL website <https://instavote.linkintime.co.in>.
- Helpdesk for Individual Shareholders holding securities in demat mode: In case shareholders/ members holding securities in demat mode have any technical issues related to login through Depository i.e. NSDL/ CDSL, they may contact the respective helpdesk given below:

Login type	Helpdesk details
Individual Shareholders holding securities in demat mode with NSDL	Members facing any technical issue in login can contact NSDL helpdesk by sending a request at <a href="mailto:evoting@nsdl.co.in">evoting@nsdl.co.in</a> or call at toll free no.: 1800 1020 990 and 1800 22 44 30
Individual Shareholders holding securities in demat mode with CDSL	Members facing any technical issue in login can contact CDSL helpdesk by sending a request at <a href="mailto:helpdesk.evoting@cdslindia.com">helpdesk.evoting@cdslindia.com</a> or contact at 022-23058738 or 22-23058542-43

- Helpdesk for Individual Shareholders holding securities in physical mode/ Institutional shareholders & evoting service Provider is LINKINTIME. In case shareholders/ members holding securities in physical mode/ Institutional shareholders have any queries regarding remote e-voting, they may refer the Frequently Asked Questions (FAQs) and InstaVote e-Voting manual available at <https://instavote.linkintime.co.in>, under Help section or send an email to [cs@linkintime.co.in](mailto:cs@linkintime.co.in) or Contact Mr. Rajiv Ranjan of LIPL, C-101, 247 Park, L.B.S. Marg, Vikhroli (West), Mumbai 400 083, Maharashtra, India or call at: Tel: 022-4918 6000.
- For details instruction of remote e-voting, the members are requested to go through the notice of the Postal Ballot (as mentioned below note no. 13).

By order of the Board of Directors  
For SUNIL HEALTHCARE LIMITED

Sd/- 38E/252A, Vijay Tower, Shahpurja, New Delhi-110049  
SATYENDU PATTNAIK  
COMPANY SECRETARY & COMPLIANCE OFFICER Phone No: +91-11-49435555/00 Fax no 011-43850087  
FCS-7736 Email ID: [info@sunilhealthcare.com](mailto:info@sunilhealthcare.com)  
Place - New Delhi Web: [www.sunilhealthcare.com](http://www.sunilhealthcare.com)  
Dated - December 06, 2023  
Email: [cs@sunilhealthcare.com](mailto:cs@sunilhealthcare.com)  
Contact No. 011-49435541

# Saudia taking measures for more fulfilling journey for Hajj

**PTI ■ NEW DELHI**

Saudi Arabia has rolled out a series of "transformative" measures like improving visa processing, accessibility and logistical support to ensure a more enriching experience for Indian pilgrims undertaking the journey to Mecca, Saudi Minister of Hajj and Umrah Tawfiq bin Fawzan Al-Rabiah said on Wednesday.

In an interview to PTI, Al-Rabiah said the initiatives are specifically designed to provide Indian pilgrims with enhanced flexibility throughout their journey, particularly benefiting women embarking on independent Umrah trips.

The new steps like extension of the Umrah visa to 90 days and introduction of a four-day transit visa are tailored to accommodate the growing influx of Indian pilgrims. "By promoting gender equality and cultivating a safer, more embracing environment, these changes collectively aim to ensure a more fulfilling and secure pilgrimage experience for all travellers," he said.

Al-Rabiah, currently on a visit to India, held talks with Union Minority Affairs Minister Smriti Irani and External Affairs Minister S Jaishankar on Tuesday.

The influential minister said the aim of the new initiatives was to ensure "warmth and convenience" to the overall experience of the pilgrims.

# 1st nationwide CPR awareness event held

**PIONEER NEWS SERVICE ■ NEW DELHI**

For the first time in the country, a nationwide cardiopulmonary resuscitation (CPR) awareness programme was launched in the country with over 20 lakh participants including students, professionals and paramedical staff being given training in a single sitting online.

Union Health Minister Mansukh Mandaviya after launching the much-needed programme stressed the need for raising awareness among people and about the importance of training to provide immediate help in case of cardiac arrest and save lives. The move follows shocking reports from across the country of healthy young people succumbing to cardiac arrests during routine daily activities when they had almost no prior health issues, much less cardiac problems.

The programme was prepared by the National Board of Examinations in Medical Sciences on CPR training along with Ministers of State for Health Bharati Pravin

# 2 days 16th MCSG meeting held: Ministry

**PIONEER NEWS SERVICE ■ NEW DELHI**

The 16th edition of the India-Germany Military Cooperation Sub Group (MCSG) meeting was conducted for two days starting Tuesday here, defence ministry said here on Wednesday.

The meeting was co-chaired from the Indian side by Brigadier Vivek Narang, Deputy Assistant Chief of Integrated Staff IDC (A), HQ IDS, and Col (GS) Christian Schmidt, Director, Department International Cooperation Armed Forces Office from the German side.

The meeting was conducted in a friendly, warm, and cordial atmosphere. Discussions focused on new initiatives under the ambit of existing bilateral defence cooperation mechanisms and further strengthening ongoing defence engagements.

India-Germany Military Cooperation Sub Group (MCSG) is a forum established to boost defence cooperation between both nations through regular talks at the strategic and operational levels between the Headquarters, Integrated Defence Staff, and the Department of International Cooperation Armed Forces.

# CDS Chauhan presides over 1st session of combined leadership conclave

**PIONEER NEWS SERVICE ■ NEW DELHI**

Chief of Defence Staff (CDS) General Anil Chauhan presided over the first session of Combined Leadership Conclave and interacted with the senior leadership of the Armed Forces here on Wednesday. The CDS provided an insight into modern warfare and national security.

The three-day conclave is focussing on geo-strategic issues, national security and defence, contemporary and emerging security challenges and integration and jointness for capability enhancement as well as 'Aatmanirbharta' in defence.

Eminent personalities with renowned experience in respective fields will also interact with participants enlightening them about issues of national importance, defence ministry said.

The conclave aims to serve as a development programme for senior officers of the three services, focused on regional and national security issues with a view to enhance synergy, both at operational and strategic levels within the Armed Forces.

Chief of Integrated Defence Staff to the Chairman, Chiefs of Staff Committee (CISC) Lt Gen JP Mathew and other senior officers of HQ, Integrated Defence Staff were also present during the event.



